

## Davis County Volunteer Opportunities

Updated 05/16/18

Contact information (unless otherwise indicated in listing)

### **DCSS - Ages 18 to 100**

Davis County Senior Services

(801) 525-5087

[www.daviscountyutah.gov/health](http://www.daviscountyutah.gov/health)

### **RSVP – Individuals 55+**

Retired and Senior Volunteer Program

(801) 525-5094 or (801) 525-5052

[www.daviscountyutah.gov/rsvp](http://www.daviscountyutah.gov/rsvp)

- **Meals on Wheels** “Happy Servers” deliver smiles and meals to homebound individuals. Volunteers needed in Kaysville, Bountiful, and Clearfield areas. Hours vary, Monday-Friday. **(DCSS) (RSVP)**
- **“Dish It Up” Congregate Meal** volunteers assist with serving the lunch meal provided at Senior Activity Centers in Clearfield, Kaysville, and Bountiful. Hours and times vary Monday – Friday, training provided. **(DCSS) (RSVP)**
- **Reading Encouragement** volunteers work one-on-one mentoring elementary school students who are struggling to improve reading & comprehension. Hours are flexible and vary from 1-2 days per week, 1-2 hours per day. **(RSVP)**
- **State Health Insurance Information Program/Senior Medicare Patrol (SHIIP/SMP)** helps others learn about Medicare, the enrollment process, guidelines, understanding claims/denials, preventing & reporting fraud and Medigap insurance. Training provided, flexible hours. **(DCSS) (RSVP)**
- **Friendly Caller** volunteers place weekly phone calls to homebound or isolated seniors for positive interaction, reassurance, and wellness checks. Training provided, hours flexible. **(RSVP)**
- **Long-term Care Ombudsman** volunteers advocate for residents 60 + who live in long-term care facilities by monitoring care and treatment through routine facility visits. Training is provided flexible hours. **(DCSS) (RSVP)**
- **Living Well with Chronic Conditions and Living Well with Diabetes** Peer Leaders co-facilitate the evidence based programs in weekly workshops taught once per week for two hours plus one hour clean up and set up time. Training provided semi-flexible hours. **(DCSS) (RSVP)**
- **Gratitude Letter Writing** to deployed military personnel and veterans. Volunteers provide one or more letters or cards monthly to RSVP for mailing. Guidelines & sample letters provided. **(RSVP)**
- **Scarves for Troops Program** Volunteers knit and/or crochet scarves and hats for deployed military troops and veterans in conjunction with Operation Gratitude. Handmade items are distributed as part of Operation Gratitude’s “Care Packages.” **(RSVP)**
- **Davis County Animal Services** Volunteers provide socialization and exercise to shelter animals and are invited to assist with weekend adoption events. **(RSVP)**
- **Stepping On – Fall Prevention Program** Peer Leaders co-facilitate the evidence based self-confidence building program to enhance behavior changes aimed at fall prevention. Workshops are presented 1 time per week for 2 hours + set up time for 7 weeks. Training provided, semi-flexible hours. **(DCSS) (RSVP)**

- **Elder Abuse Prevention Volunteer Educators** will assist with distributing pamphlets and information regarding prevention in community settings that might include senior centers, fairs, and support groups. Training will be provided. **(RSVP)**
- **Antelope Island State Park** places volunteers at the Visitor Center Gift Shop, Garr Fielding Ranch, as Volunteer Curators, Volunteer Naturalists, and on trail patrol. Hours vary, training provided. **(RSVP)**
- **Bountiful Community Food Pantry and Open Doors Family Connection Pantry** volunteers help collect, sort, catalog, package, and distribute food to clients and assist with client in-take. Days and hours of volunteer commitment vary. **(RSVP)**
- **Operation Bundles for Babies (OB4B)** volunteers sew, knit or crochet blankets, caps, burpees, etc. for gift baskets in support of military families of the 419<sup>th</sup> Air Force & Reserves as they welcome new babies. Handmade donations are completed at your home and on your schedule. **(RSVP)**
- **Davis County Libraries** - Volunteers may help with keeping the library organized, shelving books properly, marked and disposed of discarded books, or assist in preparing for story time or other children's programming. **(RSVP)**
- **Front Desk Receptionist** at Senior Activity Centers assists in answering telephones, greeting and checking-in attendees for congregate lunch or center activities, and light office duties. Hours are very flexible throughout Davis County area. **(RSVP)**
- **Hospital Volunteers** at Davis and Lakeview Hospitals assist with information & referral, mail delivery, assist with discharging patients, delivering supplies, etc. Training provided. Hours are semi-flexible. **(RSVP)**
- **Docent/Front Desk Receptionist** at Bountiful Davis Art Center – Volunteers greet & assist visitors, answer phones & help with light clerical duties. Flexible daytime shifts, a few hours/week **(RSVP)**
- **IRS Volunteer Income Tax Assistance (VITA)** Seasonal – Volunteers assist those living in low income households to file annual income taxes. Training is provided in January. Project runs January through mid-April. One 4 hour commitment per week is required. **(RSVP)**
- **Crafters of Caps & Blankets** for NICU and newborn nurseries at Davis Hospital – Volunteers knit or crochet caps and/or blankets to help celebrate and welcome newborns. Handmade donations are completed at your home and on your schedule. **(RSVP)**
- **Class Instructors** at Senior Activity Centers for various classes such as computer, exercise, crafts, stained glass, etc. Hours are very flexible throughout Davis County area. **(DCSS) (RSVP)**
- If you have something specific in mind that doesn't match these listings, please contact us. We may be able to develop a volunteer opportunity around your interests. **(DCSS) (RSVP)**